

NEWS OF THE WORLD

AMY WINEHOUSE: LOVED-UP AND BROODY

The best-read women's weekly

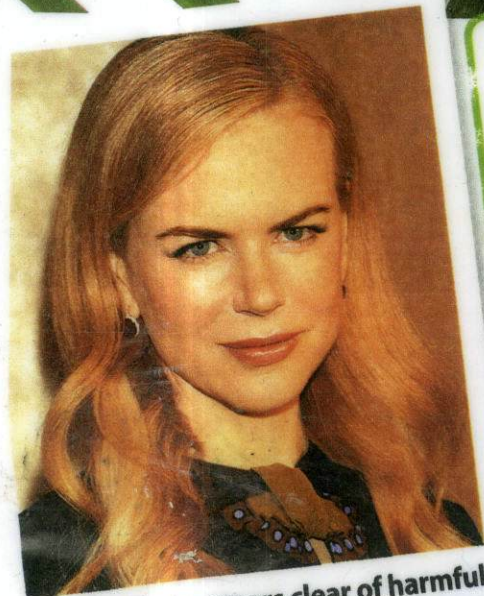
July 8, 2007

Sunday



Beauty

Abby Knight



Nicole Kidman steers clear of harmful chemicals by using organic products

The Green Issue

Back to basics

Be a green goddess with my pick of the best organic products on the market

1 Sun-kissed skin Add a sun-kissed sheen with Dr. Hauschka's Translucent Bronze Concentrate, £21. You can mix it with your moisturiser to give skin a healthy glow.

2 Shiny hair Going organic could help your hair as well as your conscience. Organic haircare guru John Masters believes the synthetic ingredients

found in haircare products lead to problems such as a dry scalp. Try his Honey & Hibiscus Hair Reconstructor, £10, which contains the natural acids found in young hair, to restore bounce and shine.

3 Fab face Try the Replenishing Face Mask, £5, from the new Organics range at Sainsbury's. The shea butter and channomile in it are great for dry skin.

4 Shower power The Mediterranean essential oils found in Organic Apoteke's Body Cleanse Gel, £16.95, cleanse and tone skin and hair.

5 Squeaky clean The Organic Pharmacy's Rose Shower Gel, £20, contains an olive oil-based detergent that cleanses skin without drying it out. You can use it on your face too.

6 Super soap Try the Duchy Collection's Bergamot & Lime Organic Soap, £3.75, made from plant extracts. Profits go to the Prince of Wales' Charities Foundation.

7 Luscious lips Soften up summer lips with Origins' Smileage Plus Lipint, £11. You will adore its naturally nourishing sunflower and coconut oils.

8 Hands up Ecosoapia's Hand & Body Wash, £6, keeps your hands and your conscience clean and comes in lush scents like rose and lavender.

9 Soft skin Jurlique's Herbal Recovery Gel, £42.50, soothes skin while over 20 botanical ingredients combine to help calm stressed skin.

STOCKISTS
Dr Hauschka available at Space NK 020 8740 2085
• Duchy Originals available from Waitrose • Ecosoapia www.ecosoapia.com
• John Masters available at www.planetorganic.com • Jurlique www.jurlique.co.uk • Origins www.origins.co.uk
• Organic Apoteke www.organicapoteke.com
• The Organic Pharmacy www.theorganicpharmacy.co.uk • Pure-Col www.collagen4u.co.uk

For more expert beauty tips and details on my range, visit www.stargazerskincare.com or call 01268 289166

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