

Tuesday 6 June 2000

The Mirror MAG

# M



this week

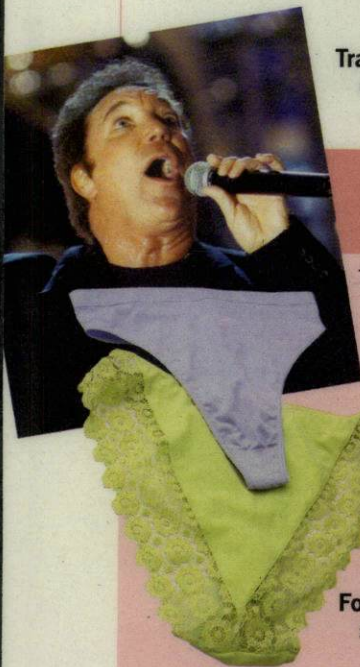
## You want... you need... you must have

Things to do, people to see, places to go... what are you waiting for?

### Today

Laboratoires Garnier and Marie Curie Cancer launch The Sun Awareness Campaign by Care today. So, don't be daft in the sun this summer. Remember, the 'sunkissed' look is in, the 'boiled corned beef' look is out. So, for that Jennifer Aniston 'five weeks in Mustique' effect, try spending less on Pimm's and more on suncream. *M* loves the Variosun Classic dispenser for £11.99 (call 0800-026 0220 for mail-order). Just turn the dial and alter your protection as you need it, up to factor 30. Or cheat your way to honey-bronzedness with Elemis Total Glow Self Tanning Cream, £17.50; call 020-8954 8033 for stockists.

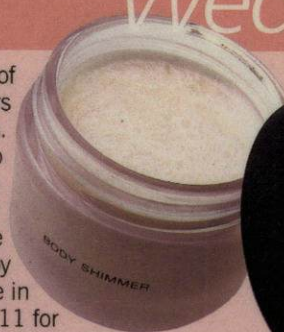
Track down Christy's Spotty Fish and Solitaire Compact Beach Towels, £15 each or £25 for two. Highly desirable, these towels fold down to nothing to allow more room in your case... oh, and they even coordinate. Call 0345-585252 for stockists.



Tom Jones is 60 today! Women of Britain, gather your best knickers and head for the valleys.

Remember, you don't want to bring shame on your mum, so pick up a fresh pair before you go. Rather fetching are these Ibiza knickers by Kookai, £12.99, shown here in green. Call 020-7937 4411 for stockists. And high-street saviours Bhs do these beauties (pictured) in lilac and blue for £6.

For gorgeous skin to wear them with, try Nars Body Shimmer, £27.50. It's a lightweight, lavender-scented liquid gel which adds a saucy shimmer to dull skin. It comes in Hula Girl pink and Wonder Girl sunny lemon; call 0870-169 9999 for mail-order and stockists. Now you're all set, but go easy on him girls, he's not getting any younger...



Wed 7 Fri 9

The *M* team are forever jet-setting – Bognor, Cirencester, Carlisle. Oh yes, Kate Moss has nothing on us. But if you're trekking further afield, blitzing jet lag is essential if you don't want to waste three days dozing while everyone else parties. Step forward the Aroma Therapeutics Jet Set treatment package, £39.95. The kit contains super-strength energising and soothing sleep-enhancing sprays and bath oils; call 01451-822444 for stockists.



### Thur 8

June wedding? June wedding present problem? Solve it in one of two ways: 1) Buy the happy couple a lovely toaster, so they can put it with the other 38; or 2) Call alternative wedding gift company Bliss on 01428-681945, or visit the website

www.blissonline.com for offbeat gifts such as Ferrari racing and jet-skiing sessions, feng shui consultations, a weekend with a horse whisperer, or VIP trips to sporting events. A wedding list service, as chosen by the happy couple, is also available. Sadly, no toasters...

Make a little time for lovely old you tonight – commandeer the shower with Guerlain's Aqua Allegoria bathing range, fresh out this week. Try Ylang et Vanille Satin Shower Delight and the Pamplelune Vitality Sparkling Shower gel, both £17.50. Call 020-7563 7555 for stockists.



Return To Me, a sweet romantic drama with David Duchovny and Minnie Driver, goes nationwide tonight. When Bob (Duchovny) loses his wife, Grace (Driver) helps him through, until a sharp twist in the tale threatens their happiness. Did somebody say chick flick?

Photograph of Miranda Sawyer by Chris Floyd. Still-lives by PSC.