

expressyourself Beauty



Laura Mercier Plum Velvet Eye Palette, £28 (020 8740 2085)
Four long-lasting colours that can be blended together or used individually. Also available in brown velvet and taupe velvet.



Prescriptives Softlining Pencil, £12 (0870 034 2566)
Iridescent eyeliner that blends easily and comes complete with its own smudging sponge.



Marks & Spencer Dramatic Lashes Mascara, £8 (0845 302 1234)
Give your lashes a flirty twist with this curling and volumising mascara in plum.

Briefly...

★ IF YOU worry about the environment, try one of these new liquid soaps, £6, from Ecosoapia. One hundred per cent organic and certified by the Soil Association, they are completely free of chemicals, toxins and preservatives. Available in a range of scents, including rose, geranium and almond and an unscented version for those with particularly sensitive skin. **Stockists: 020 7289 2121.**



★ CHECK out trendy jewellery brand Bird's latest collection. This sterling silver pouch, £210, with its retro chainmail will look great with any outfit. But measuring 4.5cm by 5.5cm, you'll have to be choosy about what you take out with you. **Stockists: 020 7607 8463.**

★ FEW beauty rituals are as satisfying as taking your make-up off at the end of the day. If you prefer to use a cream cleanser then try Clinique's new Take The Day Off Cleansing Milk, £15.50, which has a gentle, non-drying formula perfect for dry or sensitive skins. **Stockists: 0870 0342 566.**



Perfectly plum



Embrace autumn with our selection of purple-hued beauty products, says **LAURA JACKSON**



Hugo Boss Pure Purple, 50ml, £31 (nationwide)
Feminine fragrance with notes of nectarine, black violet and marzipan that is perfect for autumn days.

Bliss Plum Plum Body Butter, 250ml, £22 (0808 100 4151)
One of four products in the Bliss Plum Plum range. After showering, this fruity butter melts into your skin.

Barry M Glossy Tubes Super Shiny Lip Gloss, £3.95 (020 8684 7000)
This shade of glittery gloss will add a touch of sheer violet to your pout.



B Cream Eyeshadow in Blink, £10 (01202 493 789)
Cult brand B never too busy to be beautiful offers fabulous colour with this silky eyeshadow. Also doubles as an eyeliner.

Nars Liquid Eyeliner in Lakme, £20.50 (020 7963 2000)
With its own brush applicator, this liquid liner is perfect for creating defined, dramatic eyes with a Sixties-style flick.



Nails Inc Varnish in Courcheval, £8.50 (www.nailsinc.com)
Two coats of this aubergine shade will add striking colour to your fingertips.



MAC Sheertone Shimmer Blush in Lovetrush, £13 (020 7534 9222)
Sweep this sheer blush across the apple of the cheeks to add a naturally healthy glow.

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