



PACK IT IN

There are some things you should never leave home without. EMMA MOORE advises on holiday beauty essentials

Packing your wash bag for a summer holiday should be easier than ever, given the increasing trend to combine umpteen functions in one product. Yet it can still be hard to resist those tantalising tan-enhancing potions and covetable cosmetic compacts. So if space, practicality and a boyfriend/husband breathing down your back is an issue, then a brutal selection process must be applied.

Start with the essentials: toothbrush, paste and floss, tweezers, deodorant, razor (we can wax all we like beforehand, but a razor is necessary for emergency hair removal once there), hairbrush and protective face cream ("at no other time is it more important to apply a good antioxidant cream than in the summer," insists Noella Gabriel of Elemis).

Then there's the sunshine essentials: a sun-protection cream, an aftersun, a damage-control product for the hair, and a mosquito repellent. This is where worthwhile combinations come into force. You can now expect your suntan lotion to offer more than one factor in a bottle, repel bugs, or come with added antioxidants. Aftersuns can now fight wrinkles or add a golden shimmer.

If you have space for luxuries, add a travel spritz to keep you hydrated on the plane and fresh on the beach, and make-up that will make the most of a developing tan. Compact versions of these are readily available from Nars, Shu Uemura or Stila, or opt for one of the many all-in-one make-up sticks for cheeks, eyes and lips, such as Guerlain's cooling and shimmering bronzing stick (£19.50).

If, on the other hand, you intend to make the most of your time away to do all the beautifying you never find time for, take all the products you can carry. Ready-prepared travel packs are generally a waste of time, but two we can recommend are Dr Hauschka's Daily Face Care Kit (£10; inquiries and mail order: 01386 792642) and Nailtiques's travel-sized manicure/pedicure sets (approximately £24; inquiries: 01543 482505), which are equally useful for pampering sessions back home.



BEAUTYFILE

TOP 10 PACKABLE PRODUCTS

1 DayWear, £25, by Estée Lauder; inquiries: 0800 525501

A moisturiser with SPF15 and antioxidants to fight the ageing effect of the sun

2 Sun Protection Lip Balm, £2.35, by Neal's Yard; inquiries: 020 7627 1949
A practical tub of lip balm with aromatic oils and nutritious extracts

3 Mini-brush, 99p, by Revlon, from Superdrug nationwide
A hairbrush so diddy it could easily be tucked into a top pocket

4 Lip Palette in no 1, £30, by Stila, from Space NK; inquiries: 020 7299 4999
An essential make-up item, the shades can be used on eyes and cheeks, too

5 Travel Blend Aromamist, £16.45, by Jurlique, from Space NK and selected stores; inquiries: 020 8841 6644
A cabin-crew favourite, this refreshing spritz contains uplifting essential oils

6 Swimcap Cream, £16, by Philip Kingsley, from Harrods, SW1; inquiries: 020 7629 4004
Provides as much protection from the

sun, sea and chlorine as you need

7 Travel Reviving Shampoo & Shower Gel, £9.50, by Molton Brown; inquiries: 020 7625 6550
Even if you can't afford a luxury hotel, you can still use the products they stock their bathrooms with

8 Make-Up Remover Towels by Comodynes, £3.95 for 20, from Harrods, SW1; inquiries: 0800 018 5538
Swap bulky bottles and cotton wool for these cleansing tissues for the face and eyes

9 After Sun Moisturizer "Anti-Mosquito Formula", £14.50, by Clarins; inquiries: 020 7307 6700
A moisturising aftersun with anti-ageing vitamin A and bug-repelling oils

10 Variosun Classic Suntan Lotion, £11.99, from Harrods, SW1; inquiries: 0800 026 0220
A cream with adjustable SPF, plus aloe vera, panthenol and vitamin E

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