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FEBRUARY 2007
£3.20

BEAUTIFUL, USEFUL, REAL

Take 10 years off your bodyshape!

With the new A-list diets that'll work for you

THE MISTRESS DIARIES

The highs and oh-so lows of loving another woman's husband

Report

Left for dead in Central Park

The crime that changed an entire city

BEAUTY BEST BUYS 2007

What really works from £2.99 to £145

LET YOURSELF DREAM!

How to open your own flower shop

FASHION

The best bargain cashmere

FOOD

All the comfort, none of the cal

ECO

The (good) green house effect

HOMES

Romantic French style



ANGELINA
Celebrity 'saviour mums' – why are they hooked on adoption?

SMART SEXY FASHION

Winter's easiest pieces; how to wear your jeans now; beautiful work wear

Speed Shopping



A clear conscience
This range gives 10% of its profits to rainforest charity Itacambi. Ecosoapia organic Hand & Body Wash, £6



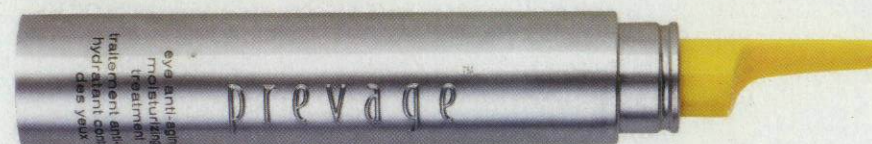
Instant face lift
Ease crow's feet without resorting to surgery with this fabulous serum. Model Co Erase Those Fine Lines, £50



Foolproof
Stressing about lippy to choose shades will say international artist Mary G. Clarins Instant Natural Lip P. Apricot Shimmer, £12

Look what we've found

An eco-friendly body wash, bargain cellulite cream, plus how to blitz those eye bags



Give as you receive
Buy this gorgeous eyeshadow palette and £1 will be donated to CLIC Sargent cancer care for children. Lancôme Pop Cherub Palette, £38



Smoother operator
Rescue post-Christmas thighs with Nivea Body's wonder cream – already a favourite with European ladies. Nivea Good-bye Cellulite, £9.99



Lose the baggage

Whether your skin is puffy, parched or panda-like, we've got an eye cream to help. Prevalage Eye Anti-Aging Moisturizing Treatment, £75 (top), is packed with Idebenone, a powerful antioxidant. Skiers take note – the shea butter in L'Occitane Ultra Rich Eye Balm, £20 (above), will shield your skin. Clinique All About Eyes, £20 (right), firms, de-puffs and hydrates.

