

**WHITE
HOT
WHY
KRISTIN
SCOTT THOMAS
IS BIGGER
THAN EVER**



plus
The best
of the new
season's
collections

**REVOLUTIONARY
BEAUTY**
The wonder products that
changed our lives

**MY MOTHER, THE
SCHIZOPHRENIC**
Growing up with
mental illness

THE CANNY COOK
How to make
Sunday lunch
work all week

stella

stella loves...

14 January 2007

Compiled by
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THIS WEEK'S MUST DO, SEE, BUY

Ecosoapia is a new
range of organic, Soil
Association-certified liquid
soaps. They come in cute
bottles and seven seriously
heavenly scents, including
peppermint and almond.
Better still, ten per cent of
the profits go towards saving
the rainforest. £6, from 21st
Century House (020 7289 2121)

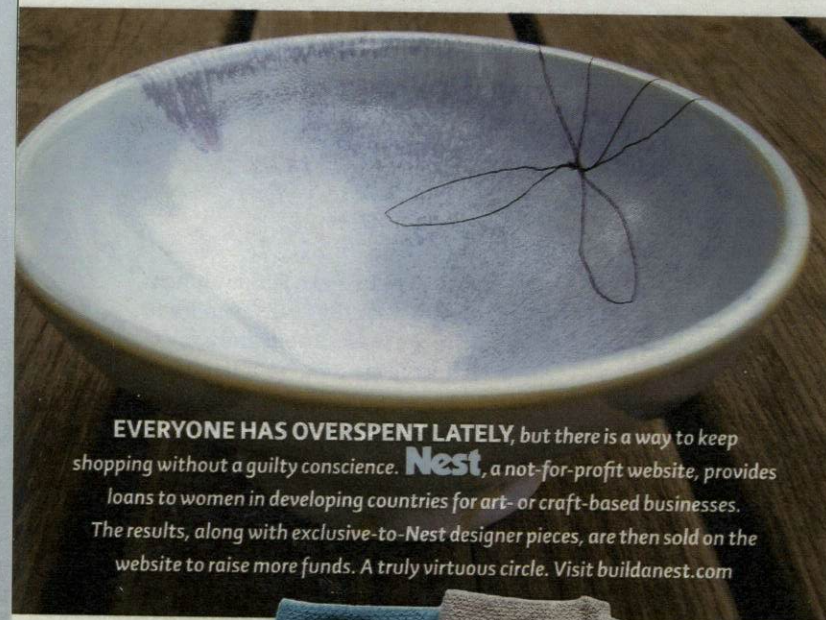


Massage in a bottle

The aromatherapist
Michelle Roques-O'Neil is one of
the very best. So her devoted
clientele will be thrilled to hear
that she has launched a line of
massage oils for the gorgeously
sexy company Sense and
Sensuality. £40 for 100ml from
www.sense-and-sensuality.com



EVERYONE HAS OVERSPENT LATELY, but there is a way to keep
shopping without a guilty conscience. **Nest**, a not-for-profit website, provides
loans to women in developing countries for art- or craft-based businesses.
The results, along with exclusive-to-Nest designer pieces, are then sold on the
website to raise more funds. A truly virtuous circle. Visit buildanest.com



Win this The Ayush
Wellness Spa
in Jersey is
offering one 'Stella' reader
and guest a two-night
'Pure Cleanse' ayurvedic
weekend. The prize includes
flights with Atlantic Airways, a
consultation, two kinds of
ayurvedic massage, yoga,
pranayama breathing
exercises, meditation and
ayurvedic meals. Log on to
stella.telegraph.co.uk to enter

Hands up

We're in the depths of winter now,
and that calls for something colourful
and cosy. These amazingly soft fingerless
mittens by Isla are made from Scottish
cashmere in colours vibrant enough to
brighten the darkest January mornings.
£34 from isla.uk.com

