

TRY **3**

HAND WASHES

It's the skin ritual we probably perform most often, so it's worth making it a more nurturing experience. Try one of these gentle, natural washes.



This has a pretty, clean scent and comes in a 100% recycled bottle. *Naked Juniper Purifying Hand Wash*, £4; www.nakedbodycare.co.uk



A nourishing formula, with 100% biodegradable ingredients that prevent dryness. *Method Moisturising Hand Wash*, £3.25, from Boots



Great for sensitive skin, this organic wash has the Soil Association stamp of approval. *Ecosoapia Unscented Liquid Soap*, £6; www.ecosoapia.com

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WAGE SLAVES
FAY WELDON ON
WHY WOMEN
WORK TOO HARD

**HEY BIG CYBER
SPENDER**
SHE'S ON THE NET
AND SHE'S
OUT OF CONTROL

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S SEX, SWIMSUITS AND SUCCESS

STYLE

THE SUNDAY TIMES

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