

Sun Tan Lotion

Adjustable by Variosun £11.99 (150ml)

This is a revolutionary new suncare product which enables you to adjust the sun protection in one dispenser from factor 2 to 30. No longer will you need to take several sun protection lotions on holiday with you (as your skin becomes better used to the sun rays you can drop SPF's at intervals), two refillable cartridges within the dispenser contain SPF2 and SPF 30, the dispenser is equipped with a dial mixing the set SPF's with a body moisturising lotion. A little like setting the thermostat on your central heating. Clever! (1)

Refreshing Protective Spray (SPF 12)

Body & Hair by Shiseido £15.50 (150ml)

This is an all over spray that you can use all over your body and even in your scalp and hair for total protection in one bottle. Its advanced ingredients also refresh as well as protect the skin. (12)

Oil Free Sun Care Spray (SPF 15)

by Clarins

One of the very few products on the market which protect without any oil in its make-up. Finally a sun-care mist which won't leave that sticky irritable feeling after it absorbs quickly into the skin. (6)

Other Products To Try

- **Body Glow High Protection by Elemis** A very high sunscreen which will keep you well protected.
- **Cover Your Mouth Lip Protector (SPF 8) by Origins** A lip balm which helps from burning for the sensitive skin around the mouth (contains spearmint so it tastes good too).
- **Total Screen Sun - Intolerant Skin (SPF 60) by Ambre Solaire** This is one of the highest sun protection factor creams around for very sun-sensitive skins.
- **Sun Spray by Bumble and bumble** Probably the best hair and scalp protector on the market. Resists the damage caused by sun to dry hair.



After Sun Moisturizer "Anti Mosquito Formula" by Clarins £14.50 (150ml)

This after-sun moisturizer is the best solution to pest control. The ingredients included in many of the more commercial after-sun lotions on the market actually attract the interest of mosquitos whereas this formula actually has anti-mosquito agents which keep them at bay. It goes without saying that this product which is hypoallergenic is a must for anybody visiting the Southern hemisphere this summer.

Other Products To Try

- **After Sun Gel Ultra Soothing by Clarins** Hypoallergenic, this gel formula soaks into the skin quickly and refreshes within minutes.
- **Sun Repair Cream Mask by Thalgo** Enriched with micro-algae from the Pacific Ocean, this is a two in one product. Used in a thin layer as an overnight cream moisturiser or in a thicker layer as a mask to

Self Tanning Gel

by Clarins £13.50 (125ml)

Containing 4% of plant extracts, this self-tanning product (with no sun protection) should be the first choice for men who find rich, creamy based lotion an irritant to the skin. One of the few self tanning products which comes in the form of an easily absorbed and non-greasy gel formula, it is also widely acknowledged within the industry as one of the most natural and "real" looking fake tan option. Apply all over the body and to the face, but don't forget to wash your hands afterwards.

Sunny Disposition (Liquid Bronzer)

by Origins £12.50 (30ml)

This liquid (packaged in a small handy glass bottle) is a touch-up cosmetic for all complexions. Containing essential oils and floral infusions (which are calming to the skin) apply over sun-kissed spots, such as cheeks, nose, and chin.