

THE MAGIC HOUR

YOU, YOUR DRESSING TABLE,
A GLASS OF CHAMPAGNE.
WHY GETTING READY IS THE
BEST BIT OF THE PARTY

BODY MATTERS

WHAT YOU SHOULD TRY

SOAP ADDICT

Dr Bronner's Pure-Castile Soap has had a cult following in America since its launch in the 1940s (stars such as Drew Barrymore and Paul Newman are fans). Now it's available over here and gets our seal of approval for being the ultimate multitasker: you can use it as a body wash, shampoo, massage oil, or even toothpaste, and it's made with organic essential oils, rather than nasty chemical detergents. So you really do only need to take one bottle into the shower. £4.75; 0800 389 8195



SUPERCHAV
A DAY IN THE LIFE
OF AN ESSEX
PRINCESS

GET OFF MY MEN
WHAT WOMEN
DO TO PROTECT
THEIR HAREMS

SNOW PATROL
THE MEMBERS CLUB
TRANSFORMING
THE SKI SLOPES

STYLE

THE SUNDAY TIMES

DECEMBER 12, 2004