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Does it work?

Stephanie Clark tries out Dr Bronner's Peppermint 18-in-1 Pure-Castile Soap



'American friends swear by this cult product now available here. A small bottle of liquid soap, it claims to have 18 different uses, from hand cream to shampoo, shaving foam, insecticide, massage oil, face pack, toothpaste and even laundry detergent. I gave it a try on a recent trip to Spain and the result? Well, let's just say that if your hair is even slightly oily, this is not the shampoo for you. I also found it difficult to dilute to the exact proportions recommended for its different uses, but as a laundry detergent, body soap and toothpaste it did work quite well. As for its other powers, no insect (or man) was brave enough to venture past the overwhelming peppermint scent.'

