

POSH'S RULES FOR SEXY SUMMER LEGS

InStyle

YOUR OWN PERSONAL STYLIST

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HOLLYWOOD'S HOTTEST BODIES

Fitness secrets revealed

Milla Jovovich

Lessons from a style icon

Buy-now trends that are here to stay

25 gorgeous bras

109 tips for holiday glamour

Sun-goddess beauty & day-to-night fashion

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GREAT SKIN!

The only 5 products you need

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Plus: tea with Kylie and rocking out with Juliette Lewis

beauty

The goods

Beauty booty loved by the stars, the pros and us



1. Editor's choice

Thalgomince LC24 Cream, £37, by Thalgo (0800 146 041). Treat your newly honed summer bod by smothering on this fast-absorbing cream. Thanks to the horse chestnut and caffeine complex, your skin will appear smoother and more toned.

2. Celeb pick Hand & Body Wash in Eucalyptus and Unscented, £6 each, by Ecosoapia (020 7289 2121). Keep clean and green with these soapy treats. With 10 per cent of the profits going towards conserving rainforests in Iracambi in Brazil, it's no surprise that eco-warrior Donna Air is a fan. "I love them - they're totally organic, look gorgeous and contain no nasties," she says.

3. Budget buy Colour Mousse Eyeshadow in Splash No 4, £5.49, by Rimmel London (08450 708 090). The airy, whipped-up texture makes this aqua-coloured eyeshadow a doddle to blend and layer.

4. Pro pick Ageless Damage Defense Capsules, £31 for 45, by Frédéric Fekkai (020 8740 2085). These small serum capsules make ideal travel companions for hair. Smooth over lengths to tame flyaways and "protect hair from UV damage", says Lino Carbosiero, hairstylist to Minnie Driver and Kelly Osbourne.

5. Luxe treat Oscar Special Edition Citrus eau de toilette, £25, by Oscar de la Renta (01444 255 700). Bursting with citrus fruit notes ruby red orange, nectarine and grapefruit, de la Renta's fragrance is the perfect summer scent. ■

